ST MARGARET'S

Parish Church for Leiston-cum-Sizewell



St Margaret's on a misty morning

MARCH 2023 £1 25

St Margaret's Worship

At St Margaret's we offer a service of Holy Communion in church at 10am each Sunday.

There is a short service of Morning Prayer every Tuesday at 9.30am; this is held by telephone conference call. A service of Evening Prayer is held on Wednesdays at the Vicarage at 5pm. The church is open for private prayer and quiet reflection from 10 am to 3 pm, Monday to Saturday.

Our Good Morning news sheet, readings and other resource material and information are shared by email every Saturday.

If you wish to join our mailing list or the Tuesday Morning Prayer please contact me (email: <u>vicarleiston@gmail.com</u> or telephone: 01728 830421). Richard Finch

CONTACT US

Priest in Charge: Reverend Richard Finch: T.830421 The Vicarage, Church Road, Leiston E.vicarleiston@gmail.com Associate Priest: Reverend Morag Finch Reader: Mr Bernard Smith: 3 Daneway Gardens, Leiston T.830105 Lav Elders: Mrs Pat Carter, 42 Haylings Road, Leiston T.831852 Mrs Sandra Harle: 4 Lime Tree Avenue. Leiston T. 833578 **Church Wardens:** Two Vacancies PCC Treasurer: Mrs Sandra Harle: 4 Lime Tree Avenue, Leiston T. 833578 PCC Secretary: Mrs Emma Jameson, 4 Woodlands, Leiston T.832166 Organist & Choir Master: Mr Matthew Merrett Deanery Synod Representatives: Vaughan Windle, 21 Eastward Ho T. 833988 One Vacancy **Resident Retired Priest:** Reverend Richard Ellis: 9 Kings Road, Leiston T.832168 Website Editor: Mrs Maureen Fox T.830929 Magazine Editor: Mrs Pat Carter T.831852 Email: pm42carter@gmail.com

Signs of Spring

The signs of Spring approaching are evident. Crocuses, daffodils & snowdrops are popping up all over the place, buds beginning to appear on the ends of trees and bushes and bird's song rings out across the skies. The re-awakening of flora and fauna bringing a fresh look and a new hope. It is however easy to miss this re-awakening when we are caught up in life's general struggles and woes especially at this time when the cost of living is foremost in our minds and there is much doom and gloom in the news at home and from around the world. Continued warring and fighting, not to mention natural disasters.

It can weigh heavily on our minds and stop us from seeing what is good in the world, not so long ago the T.V. news would end with a positive story but even that seems to be lost at the moment. But there are good things going on too albeit that we have to look a little harder to see it for ourselves. There are many relief organisations world wide helping those caught up in the earthquakes and in the warring of fractious groups not just in the Middle East but other places too.

Besides the help being given to fellow human beings in their time of great need, others are helping to care and restore our planet by planting trees and all kinds of vegetation to try and replenish and put right mans destruction of the gifts God bestowed upon us. All this work brings physical, mental and spiritual benefits to us. As Christians we understand this as God continuing to work in the world through people, the creation he loved most above all else. Easter is not far away, the time we celebrate God's ultimate gift to us through his son Jesus Christ; resurrection. The promise of new life after this life here on Earth.

Have HOPE! God is with us always, so look for the sunshine and the good in life.

Richard Ellis

Pondering Prayer

Strength and Faith

Life can be, and often is tough. At such times praying with Psalms can be a great help. When we are fearful, as many are, of what is happening in the world today; worried and not knowing which way to turn Psalm 46 reminds us; "God is our refuge and strength, a very present help in trouble, therefore we will not fear though the earth changes".

We sometimes need to be reminded that God is **always** with us. He is not hiding away. In prayer – in an open mind to our heavenly Father – just sit quietly and follow the Psalm: "*Be still, and know that I am God".* No matter what "*The Lord of hosts is with us, the God of Jacob is our refuge".*

Believe it as you pray the words, just quietly pass them through your thoughts. Remind yourself, God is my strength He will get me through this. To meditate in this way is prayer in itself.

Br. Christian

EMPTY BLISTER PACKS

Please remember to keep your EMPTY blister packs and bring them to church so that they can be sent for recycling. The cardboard boxes and information leaflets can be recycled in your household recycling wheelie bin. Please DO NOT include plastic bottle lids – include them in your household recycling wheelie bin.

Recently someone left a white bag containing some blister packs in church when it was open, not on a Sunday. As I tipped them into a larger bag I noticed that some of the packs still contained medication. The packs must be EMPTY when they are handed in for recycling. Also contained in this bag was a blue washing up brush – have you lost yours? Please ensure that only EMPTY blister packs are included and blister packs only not other pieces of rubbish that you wish to discard.

Is there anyone out there who visits Lowestoft from time to time and who would be prepared to share in taking the packs to Superdrug? The store is in the precinct behind the main library in Lowestoft and is opposite a car park where there is free parking for half an hour – more than enough time to walk through to Superdrug to leave the bags. I have to make a special trip each time to deliver the bags and if you are able to help I would be grateful.

PAT CARTER

MARCH

The nights seem to have lightened quicker this year. On a bright day I have walked up the road between 4 and 4.30 at the end of January. There was a saying – if you have your tea at 5 o'clock on Valentine's Day, it would be lighter. But I've seen a big change this year which is lovely. All helps with the fuel bills, as so many people have had to decide between heat and eat this year, it should never happen in this modern day.

Growing up we only had a fire in one room, and going to bed was freezing. Mum put hot water bottles in the beds so the sheets, blankets and eiderdown were warm but getting up, we often scraped the ice from the bedroom windows inside to see what the weather was like. We didn't know any difference - we were all in the same boat. We always had food so were not hungry although some big families had it very hard.

It's been in the newspaper about four houses to be built in Valley Road with the existing properties to be pulled down. I can remember the big house on the corner near the bank, which is to stay. It was a drapery shop run by Mr and Mrs East. It sold everything from underwear, dresses, stockings, curtains and dress material. It was a really nice shop. Later it was taken on by Mrs Doreen Burrell. In later years it became a private house run by Mr and Mrs Hall, it had such a good name. Next door was a sweet shop run by May Garrod and her brother. It was the only sweet shop open in Leiston on a Sunday. In later years it was run by Joyce Leek.

Next to that was the bottom fish shop, Testoni's – Marjorie Moore and her mother, Mrs Baker, ran it and I think it may have sold ice creams too. Then further along the road there was The International Club, first known as The Wagon Train, run by a Mr and Mrs Lahschelder. There was music, entertainment and dancing. The Americans used to meet there and several girls met their future husbands there. It was quite an eye opener for Leiston but good times, a few fights between the Gls and the English lads, but a nice meeting place. Another bit of old Leiston will be gone but memories stay.

MARGARET CLARKE

GENEROUS GIVING



One of the changes the pandemic has caused is the lack of physical money. People were frightened to touch things which passed through lots of hands and we became almost a cashless society. This has had a serious effect on finances for many organisations. Generosity is at the heart of our faith; we believe in a generous God and our own generosity is a testament and hallmark of our faith in action. We live generously by giving of ourselves and our resources so that the community around us is enriched.

St Margaret's is a charity and we rely on the generous financial giving of our church membership and of friends and visitors. Everyone can use the Parish Giving Scheme or bank standing order system for regular donations. If you would like to know more, please talk to Sandra Harle, our treasurer. To help to make giving easier we now have a card reader in church which can be used to make donations direct to the church.

The annual running costs of our church and the mission and ministry costs total about \$85,000 - that equates to over \$1,600 a week. We are currently being subsidised from central church funds to help meet some of those costs. You can help to meet our financial costs, whether you are a member of St Margaret's church community or a visitor.



SNOWDROPS ON THE CHURCHYARD BANK





ST MARGARET'S BURNS SUPPER

It was good to be able to hold a Burns Supper (a celebration of the life and poetry of Robert Burns) this year even if it was at Leiston Community Centre and not at the church because of the heating problems. On 28 January we were treated to an excellent meal seated at beautifully decorated tables.

Morag recited the traditional Robert Burns' poem 'Address to a Haggis' before slicing open the haggis. This was then served to all those present, accompanied by neeps and tatties. Oatcakes and cheese followed this and small tots of Scotch whisky.

There was a tabletop quiz to complete during the evening with questions about all things Scottish. Raffle tickets were sold with the prize of a basket full of Scottish produce. Trevor Peskett was the lucky winner of that. All in all a very enjoyable evening with a profit of \pounds 307 providing much needed funds for St Margaret's.



Owners of The Greenwood Burial Ground, Farnham





PAUL FRYER

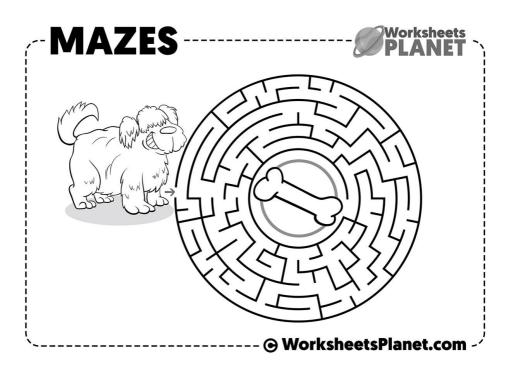
Supplied and fitted UPVC/ wooden/leaded windows and doors. Repairs to all types of windows/ doors and leaded glass.



WINDOW CLEANING GUTTER CLEARING GUTTER AND FASCIA CLEANING CLADDING CLEANING POWER WASHING

07828147964

A PUZZLE FOR YOU!



HELP THE DOG TO FIND HIS BONE

CITIES OF THE WORLD – ANAGRAMS

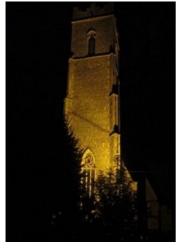


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 LOG CONE
 RUB DAN
 TELLING NOW
 BARE NIBS
 BAIL AIRS
 HER TAN
 STEM A DRAM
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 DIVE ON TO ME
 RIP TOIL
- 25 VAIN CAT

- 2 MORE
- 4 HEN SAT
- 6 GROUTS BARS
- 8 WE CAN TOP
- 10 ANTI SAGO
- 12 OR BATH
- 14 SLUR BESS
- 16 CLONE A BAR
- 18 SAW NO NIGHT
- 20 RAISE PONG
- 22 TRASH CUBE
- 24 WAS RAW

HOW WELL DO YOU KNOW LONDON? Answers

1 C 4 lions 2 B Millennium Dome 3 A Westminster Abbey 4 A Lord Nelson 5 B Criminal trials 6 B City Airport 7 A Ferris wheel 8 C Peter Pan



ST MARGARET'S CHURCH TOWER LIGHTS UP

During February the lighting of the Church Tower was sponsored by Sheena Merrett and she writes:

"Light is used to symbolise God, faith, and holiness throughout Scripture. As Christians, we are called to not only walk in the light but to be the light for others."

Lighting up the tower of St Margaret's is a wonderful way to remember loved ones and as a reminder of how they lit up our lives.

February 20th and 21st marked the passing of my parents Angus and Sheila Mackinnon and I had the tower lit up in their memory. St Margaret's was an important focus in both their lives, they were involved in all church activities, were both sidesmen and made tea and coffee for all. They celebrated their Golden and Diamond wedding anniversaries at St Margaret's and renewed their vows. It was a great comfort to me and my family to see the tower on those two evenings and remember all the wonderful memories we have of two very special people. Sheena Merrett

If you would like to mark a special occasion by sponsoring the lighting of the Church Tower for a minimum donation of $\pounds 750p$ per day, please contact Sandra direct (contact details page 2).

ST MARGARET'S CHURCH WISHES HILDA WOODHEAD A VERY HAPPY 100TH BIRTHDAY ON 23RD MARCH -CONGRATULATIONS

FROM THE REGISTERS SERVICES OF CELEBRATION AND THANKSGIVING/FUNERALS

15th February 2023 23rd February 2023 Christine Anne Bloomfield Thelma Jean Hawkins



VALENTINE BAKE SALE

Love was all around on Saturday 11th February when we held a Valentine's Bake Sale in Leiston Co-op. The table was full of not only a delicious selection of cakes, buns, etc., but also with a Valentine's themed hamper - lots of chocolates and roses!



In just four hours we raised a total of £261.70 for church funds, so many thanks to everyone who contributed in any way - those who baked, those who bought and those who manned the table. The winner of the hamper was Mrs. Ashberry, and the few unsold bakes were enjoyed as refreshments following our church service the next day.

HILARY SLAUGHTER

20 July 1931 - 16 January 2023

Our dear Hilary, what a lovely lady, always had a lovely smile when you spoke to her. My memories of Hilary were when Val, Cindy and I went to Hilary's quite regularly to play our recorders, Hilary and Cindy playing treble recorders and Val and I descant recorders. Whenever one of us played a wrong note it turned into a laughing session. Once the practice had finished it was time for a drink and hearing aloud about Hilary's teaching days. How she adored the little ones she was in charge of.

It was a pleasure to have known her, may you rest in peace, Hilary.

TERRI

Hilary enjoyed her membership of St Margaret's Ladies Group. Some of you may wonder why we start our meetings at 2.15 pm instead of 2 pm. One day we were talking about a meeting which we were going to start at 2 pm. Hilary said, "That would a bit tight with fitting in my lunch as well." We decided that we would be only too happy to start the meeting to accommodate Hilary's wish and so we did. The photograph below shows Hilary taking part in one of our craft sessions in February 2015.



Unfortunately as Hilary's health deteriorated she was no longer able to attend the meetings and she was missed. It was a privilege to be invited with Terri and others in 2021 to celebrate her 90th birthday with her family and friends.

With permission I reproduce here the recipe which was printed on the back of Hilary's Order of Service – enjoy!

Grandma Hilary's Macaroon Recipe

Ingredients 1 packet of whole almonds 1lb of caster sugar 8oz of ground almond

4 egg whites 2-3 drops of almond essence Rice paper

Method

- 1 Preheat the oven to 160°C/gas 3
- 2 Mix the sugar and ground almonds together
- 3 Next, add in the egg whites and almond essence and mix well together
- 4 Line a baking tray with rice paper
- 5 Divide mixture into approximately 20 balls and place on rice paper spacing them well apart. Then press a whole almond into the top of each ball 6 Bake in the oven for 20-25 minutes, or until golden.

ST. MARGARET'S CHURCH

Dear Friends

March's magazine continues to focus on monthly prayer time, with the St Margaret's Church family group for this month as shown below. There are three family groups with each one appearing in the magazine every three months. However, you remain in our thoughts and prayers always.

If you would like to be included in our family monthly prayers, or have any queries please email <u>stmargaretsleiston@gmail.com</u>. If you feel you would prefer to be remembered in a particular month then please let us know. Also, if you have a specific need for additional prayer time then please let us know and we will add you to our 'special prayers' section.

Bernard & Patsy Smith	Adrian & Jackie Shotter
Joe Diegnan	Stephanie, Craig, Isla, Edie & Harrison
Pat, Neil, Lucy, Craig & Ryan Carter	Shotter
Daryl, Helen & Chloe Cartley	Kim, Dan, Indi Rose & Florence Nola
John and Joy Kemp	Keeble
Mary Joel	Jan Snowden
Kate Kersey	Nicola, Jon, Toby & Robert Kerridge
Donna Button	Josie, Steven, Olivia & Maisie
Billy & Margaret Clarke	Snowden
Lesley Martin	Derek & Barbara Cole
Julie, Ellie & Charlie Howard	June Linsell
Kay, Trevor & Grace Nash	Hilda Woodhead
Anthony & Sue Hawkes	Pat & John Swatton
Richard Slaughter	Debbie, Samantha & Matthew
Toby, Sharon, Emma & Sophie	Vettesse
Slaughter	Kay Curtis
Gill & Rick Harvey	Colin, Lucy, Freya, Lola & Leeam
Glyn & June Clarke	Curtis
Mary Cornish	Nicola, Matthew, Callum & Jamie
Trevor Hawkins	Smy
Kirsty Stowe	David, Lisa, Isle & Neave Curtis
Helen Thackeray	Elaine & Jon Ellis
Shirley Newman	Norman Chapman
Matthew, Vanessa, Alex, Kierah &	Eamonn, Cathy & Ursula Harvey
Sasha Newman	Jim & Pauline Florance
Kathryn, Mark, Ian & Stuart Langley	

In our Church Family Prayers

St. Margaret of Antioch

Parish Church of Leiston-cum-Sizewell Church Road, Leiston, Suffolk IP16 4HG



NOTICE: Items for April's magazine

Please note that all articles, adverts etc. will need to be submitted to Pat Carter by **18th March** for inclusion in the April Magazine. Thank you.

Email:pm42carter@gmail.com

The Parish Magazine is available from St Margaret's Church. Delivery can be arranged.

Keep up to date with all Church Events By visiting our own website www.stmargaretschurchleiston.onesuffolk.net

